

Aesthetic and Functional Nose Reshaping

When does nose reshaping make sense?

Nose reshaping operations are among the most frequent operations carried out in plastic surgeries. Both unfavourable nasal shapes and impediments in nasal breathing can be eliminated with the help of nose reshaping. This operation aims at aesthetically harmonising the nasal shape while simultaneously maintaining or even improving the nasal functions.

Nose reshaping is possible if you have a broadened nose tip, crooked nose, saddle nose, hump nose, broad nose and generally if your nose is too small or too big.

You should always remember that the reshaped nose suits the facial shape and shape of the head as well as the character of the patient when carrying out all these measures.

How is nose reshaping carried out?

We generally carry out this operation by making small incisions inside the entrance to the nose. Under special circumstances we choose the "open" operational method by connecting these incisions in the area of the bridge. We can change the cartilage structures in the nasal septum and nostrils through these access points, if necessary. We can then shape the nasal bone structure, if required. We do not use any foreign bodies when carrying out nose reshaping. We can raise the bridge of the nose by using your own tissues, if necessary. We use nose tampons especially for crooked noses. A special nasal bandage is required in all cases.

Which complications can occur?

The complication rate is very low in nose reshaping operations. As with every operation post-operational bleeding, infections, swelling, pain and bruising can disturb the wound healing process. These risks can be treated quickly so that they only rarely impair the result. Nose reshaping corrections are only required in 7% of patients in a global average. These are usually required after irregularities, which cannot be predicted, appear on the bridge of the nose.

What should you take into consideration after the operation?

Our patients usually have little or no pain after nose reshaping. Sporting activities should not be carried out for 8 weeks. Cooling compresses applied to the eye and cheek area can minimise the regional swelling over the first 48 hours. You should only eat soft foods for approx. 4 days. You should not blow your nose for at least 10 days. The inside of the nose can be regularly sprinkled with saline or sea salt solution. We change the bandages for the first time after 5-7 days. You should not massage or press your nose for 12 weeks.

Please arrange for an appointment or get in contact with us if you are interested in this treatment. We would be happy to advise you and deal with any questions you might have!