

Eyelid and eye bag reshaping

Why is eyelid surgery wise?

The first signs of aging can be seen in the facial area and especially around the eyes. This process is influenced by insolation, our lifestyle and our genes. The slackening of the tissue is visible on the excess skin and on the relocation of the fatty tissue (eye bags) alongside the increasing lines on the skin. As a consequence the face gives even energetic and fit people a tired look. Our eyes play a major part in communication and these effects thus have a negative effect on our private and professional lives. Eyelid surgery will give you a younger, fresher overall appearance. The improvement in your appearance can have positive effects on your well-being, as well as on your private and professional life.

How is eyelid surgery carried out?

Prior to the operation we will require an ophthalmic test diagnosis on known illnesses of your eyes. An important test criterion prior to every eyelid surgery is the evaluation of the brow position. If necessary, the reshaping of the brow position must definitely take place prior to the eyelid surgery. Surgeons follow natural skin line of the upper eyelid when making an incision during eyelid surgery. The incision on the lower eyelid is made just underneath the eyelashes. These incisions are usually no longer visible after the wound has healed. In some cases we alternatively choose to enter the invisible access point via the conjunctiva of the eye in the lower lid. We attach a great deal of importance to the protection of the eye muscles and fatty tissue. If possible, these should not be removed when dealing with eye bags, but relocated back to its original position with the help of special techniques. We always treat our patients as out-patients and surgery is generally carried out under local anaesthetic. Stitches are usually removed 4 days after the operation at the earliest.

Which complications can occur?

The risks involved in these operations are generally extremely low, but not completely negligible. Bleeding, infections, wound healing disorders are, among others, all possible. Moreover reshaping of the upper or lower eyelid, excess scarring or transient increased tear dropping. A risk of becoming permanently blind is described in reference works as being extremely rare.

What should you take into consideration after the operation?

You should take things easy for approx. 1 week after the operation and sleep with your body in an upright position. The repeated application of cooling packs over the first 2-3 days reduces pain and swelling. It is normal to experience a slight burning feeling in the eyelids. The whites of the eyes can also remain red for a couple of days. You may have blurred vision after the operation due to the swelling. Please inform us immediately in case of sudden swellings, bleeding or problems with your vision. You can wear make-up after the stitches have been removed. A large pair of sunglasses will help protect your eyes. You should not read or watch television nor work with the computer for the first 2 days. Please avoid extensive physical activity for 1-2 weeks.

Please arrange for an appointment or get in contact with us if you are interested in this treatment. We would be happy to advise you and deal with any questions you might have!